

**SAINT JULIA CATHOLIC ELEMENTARY SCHOOL**  
**Nov 2018 - Feb 2019**

| MENU ITEMS (NOV 2018)  | MENU ITEMS (Dec 2018 - Feb 2019)   |
|--|--|
| <p><b>B Mighty Mac (KD)</b><br/>An old time favourite with Lunch Pails' added nutrition!</p>   | <p><b>B Mighty Mac (KD)</b><br/>An old time favourite with Lunch Pails' added nutrition!</p>   |
| <p><b>D Chicken Tenders</b><br/>White meat only breaded chicken tenders served over a bed of fluffy rice and a side of steamed corn</p>                      | <p><b>E Chicken Caesar Salad</b><br/>Crispy romaine lettuce, cubed chicken breast, parmesan cheese, and croutons served with creamy caesar dressing.</p>       |
| <p><b>E Chicken Caesar Salad</b><br/>Crispy romaine lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with creamy caesar dressing</p> | <p><b>G Festive Meal</b><br/>Roasted chicken served with creamy mashed potatoes and a side of sweet corn.</p>  |
| <p><b>H Chicken Burger</b><br/>White meat only!<br/>Baked and served on a fresh bun with a side of ketchup</p>   | <p><b>J Grilled Cheese</b><br/>Whole wheat toast, cheddar cheese grilled lightly and served with a side of carrot sticks and ketchup on the side.</p>          |
| <p><b>M Meatball Sub</b><br/>Lean seasoned ground beef gently rolled and layered with mozzarella cheese and our homemade sauce on a fresh bun</p>            | <p><b>K Around the World - Chicken Patty</b><br/>A flaky pastry shell filled with a lightly seasoned chicken filling; served with a side of carrot sticks.</p> |
| <p><b>K Around the World - Perogies</b><br/>Hand rolled with cheddar cheese and potato topped with a dab of butter and served with a side of sour cream</p>  | <p><b>L Chicken and Vegetable Soup</b><br/>Hearty chunks of chicken, garden vegetables and tender noodles in a savoury broth, served with crackers.</p>        |
| <p><b>U Morning Glory - French Toast</b><br/>Light and fluffy, served with a side of syrup.</p>  | <p><b>N Chicken Parmigiana on a Bun</b><br/>Lightly breaded white chicken breast dipped in our fortified sauce on a fresh baked bun, topped with cheese.</p>   |
| <p><b>V Turkey and Cheese Sub</b><br/>Roasted turkey breast, cheddar cheese and sub sauce served on a freshly baked six inch sub bun.</p>                    | <p><b>U Morning Glory - Pancakes</b><br/>Light and fluffy, served with a side of syrup.</p>  |

**PLEASE NOTE: YOUR SCHOOL ACCEPTS ONLINE ORDERS ONLY !**



Welcome to Lunch Pails!

We are pleased to be serving your school community on FRIDAYS starting November 9th, 2018

**We encourage you to register an account at [www.lunchpails.ca](http://www.lunchpails.ca)**

It's a great way to stay connected and be aware of what's happening at St. Julia Catholic Elementary School. All users must REGISTER as a parent on the website to participate in the hot lunch program.

**Once registered, you may:**

- ➔ PLACE ORDERS for hot lunches on FRIDAYS.
- ➔ PAY for online orders using PayPal (major credit cards are accepted through PayPal, including Visa and Mastercard)
- ➔ Change Meal Selections online (changes may be made up to 1 week before the service day)
- ➔ Cancel a Meal if your child is sick or absent.

**We offer three meal choices:**

Entrée Only \$5.25

Complete Meal with Drink and Snack \$6.75

Extra Large Entrée with Drink and Snack \$7.75

*Snacks and drinks are chosen carefully by Lunch pails to complement entrées.*

**Register in 3 easy steps:**

- 1** Go to [www.lunchpails.ca](http://www.lunchpails.ca)
- 2** Click **ORDER NOW** on the top menu bar
- 3** click **REGISTER**



*Take a break from making lunches on Wednesdays...we deliver hot, nutritious lunches directly to your school!*

**School Closures:**

In the event of a school closure due to weather conditions, lunches will be credited and applied to your online account.

**Absent on service day:**

If your child is absent on service day, please log in to your account to CANCEL A MEAL before 7am on the service day.

You may Cancel a Meal in the Parent Account Box when you log into your account.

Credits can be used towards future meal purchases.

*This brochure is for your reference only.  
 You do NOT need to send it back to the school.  
 All orders are to be placed ONLINE ONLY.*