# SHERWOOD MILLS PUBLIC SCHOOL Sep 2018 - Nov 2018

#### MENU ITEM

# B Mighty Mac (KD)

An old time favourite with Lunch Pails' added nutrition!

#### D Chicken Tenders White meat only breaded chicken

tenders served over a bed of fluffy rice and a side of steamed corn

## E Chicken Caesar Salad

Crispy romaine lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with creamy caesar dressing

## H Chicken Burger

White meat only! Baked and served on a fresh bun with a side of ketchup

## M Meatball Sub

Lean seasoned ground beef gently rolled and layered with mozzarella cheese and our homemade sauce on a fresh bun

## K Around the World - Perogies

Hand rolled with cheddar cheese and potato topped with a dab of butter and served with a side of sour cream

U Morning Glory - French Toast Light and fluffy, served with a side of syrup.

## V Turkey and Cheese Sub

Roasted turkey breast, cheddar cheese and sub sauce served on a freshly baked six inch sub bun. Ordering is Easy! Simply fill out the Order Form, and return it with your payment! or Order Online! www.lunchpails.ca

We offer three meal choices: Entrée Only \$5.25 Complete Meal with Drink and Snack \$6.75 Extra Large Entrée with Drink and Snack \$7.75 (Mark your selection with an X on the order form, as shown.) Snacks and drinks are chosen carefully by Lunch pails to complement entrées.

## Don't forget to mark the dates on your calendar!

#### Late orders:

If you miss the due date, please call the kitchen for assistance at 1-844-39LUNCH (58624)

## School Closures:

In the event of a school closure due to weather conditions all lunches will be credited and applied to the next Menu

#### Absent on service day:

If your child is absent on service day, please contact the Kitchen <u>before 7AM</u>, 1-844-39LUNCH or www.lunchpails.ca

Note: There will be a \$20.00 charge for all NSF cheques



## SHERWOOD MILLS PUBLIC SCHOOL

Please complete all sections.

DATE OF SERVICE	MENU ITEM Ordered B,D,E,H,M,K,U,V	Entrée <b>\$5.25</b> CHOOS	<b>Complete</b> \$6.75 E ONE (PLAC	\$7.75	Price
SAMPLE	E		X		\$6,75(Sample)
THU SEP 27					
THU OCT 4					
THU OCT 11					
THU OCT 18					
THU OCT 25			i	1	
THU NOV 1					
THU NOV 8					
THU NOV 15					
THU NOV 22			1		
THU NOV 29			i		
			-	TOTAL Due	

## PLEASE RETURN COMPLETED FORM BY OR BEFORE:

SEP 10th

Allergies or Special Information: (eg. Halal, Gluten Free, etc.)

PAYMENT:

Return completed menu and cheque payable to <u>LUNCH PAILS</u> (or EXACT CASH in a sealed envelope).

One cheque per family please.

Or... Order Online www.lunchpails.ca

