

NEW for 2019 - 2020.... Friday is **Lunch Pails** Day at Our Lady of the Rosary.

You can either return this form with payment to your classroom by the due date, or order online at [www.lunchpails.ca](http://www.lunchpails.ca)

**Choose from three meal types...**

Entrée Only, or Complete Meal with Drink and Snack, or Extra Large with Drink and Snack

Snacks & drinks chosen carefully to complement meals.



<b>B</b>	<b>Mighty Mac (KD)*</b>	Entrée:	\$4.75
	An old time favourite with Lunch Pails' added nutrition!	Complete Meal:	\$6.25
		X-Large Meal:	\$7.25

<b>U</b>	<b>Morning Glory - Pancakes*</b>	Entrée:	\$4.75
	Light and fluffy, served with a side of syrup	Complete Meal:	\$6.25
		X-Large Meal:	\$7.25

<b>J</b>	<b>Grilled Cheese*</b>	Entrée:	\$4.75
	Whole wheat toast, cheddar cheese grilled lightly and served with a side of carrot sticks	Complete Meal:	\$6.25
		X-Large Meal:	\$7.25

<b>S</b>	<b>Spaghetti in Tomato Sauce*</b>	Entrée:	\$4.75
	Lunch Pails' fortified tomato sauce served over spaghetti	Complete Meal:	\$6.25
		X-Large Meal:	\$7.25

<b>E</b>	<b>Chicken Caesar Salad**</b>	Entrée:	\$5.50
	Crispy iceberg lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with caesar dressing	Complete Meal:	\$7.00
		X-Large Meal:	\$8.00

<b>R</b>	<b>BBQ Chicken and Rice**</b>	Entrée:	\$5.50
	Roasted chicken thigh in zesty BBQ sauce served over a bed of white rice with a side of steamed corn.	Complete Meal:	\$7.00
		X-Large Meal:	\$8.00

<b>K</b>	<b>Around the World - Perogies</b>	Entrée:	\$5.50
	Hand rolled with cheddar cheese and potato topped with a dab of butter & served with a side of sour cream	Complete Meal:	\$7.00
		X-Large Meal:	\$8.00

<b>L</b>	<b>Chicken and Vegetable Soup**</b>	Entrée:	\$5.50
	Hearty chunks of chicken, garden vegetables, and noodles in a savoury chicken broth with crackers on the side	Complete Meal:	\$7.00
		X-Large Meal:	\$8.00

<b>D</b>	<b>Chicken Tenders**</b>	Entrée:	\$5.50
	White meat only breaded chicken tenders served over a bed of fluffy rice and a side of steamed corn	Complete Meal:	\$7.00
		X-Large Meal:	\$8.00

<b>M</b>	<b>Meatball Sub**</b>	Entrée:	\$5.50
	Lean seasoned ground beef rolled & layered with mozzarella cheese & our homemade sauce on a fresh bun	Complete Meal:	\$7.00
		X-Large Meal:	\$8.00

<b>H</b>	<b>Chicken Burger**</b>	Entrée:	\$5.50
	White meat only! Baked and served on a fresh bun with a side of ketchup	Complete Meal:	\$7.00
		X-Large Meal:	\$8.00

<b>V</b>	<b>All Wrapped Up**</b>	Entrée:	\$5.50
	Juicy white-meat chicken, shredded lettuce & carrots, ranch dressing wrapped up in a multi-grain tortilla	Complete Meal:	\$7.00
		X-Large Meal:	\$8.00

\* available in Gluten Free

\*\* available as Gluten Free and/or Halal

**Late orders:**

If you miss the due date, please call the kitchen for assistance 1-844-39LUNCH (58624) or [www.lunchpails.ca](http://www.lunchpails.ca)

**Absent on service day:**

If your child is absent on service day, please contact Kitchen before 7AM on day of service.

**School Closures:** In the event of school closure due to weather, lunches will be credited/applied to next Menu

**Our Lady of the Rosary CES**

Please complete all sections.

SEP 2019 - NOV 2019

**Student Name:** \_\_\_\_\_  
**Teacher Name:** \_\_\_\_\_  
**Grade:** \_\_\_\_\_  
**Parent / Guardian Name:** \_\_\_\_\_  
**Phone Number:** \_\_\_\_\_  
**Email Address:** \_\_\_\_\_  
**Cheque # (if applicable):** \_\_\_\_\_

DATE	MENU ITEM B,J,E,K,D,H U,S,R,L,M,V	Meal Type Entrée, Complete, or X-Large	Price
<i>SAMPLE</i>	<i>B</i>	<i>C</i>	<i>\$6.25 (SAMPLE)</i>
FRI SEP 27			
FRI OCT 4			
FRI OCT 11			
FRI OCT 18			
FRI OCT 25			
FRI NOV 1			
FRI NOV 8			
<i>FRI NOV 15</i>	<i>P.A. Day - No Service this Day</i>		
FRI NOV 22			
FRI NOV 29			
<b>TOTAL Due:</b>			

**RETURN COMPLETED FORM BY:** SEP 10th

**Allergies or Special Info:** \_\_\_\_\_  
 (eg. Halal, Gluten Free, etc.)

**PAYMENT:** Return completed menu & cheque payable to **LUNCH PAILS**  
 (or **EXACT CASH** in a sealed envelope).

One cheque per family please. \$20.00 charge for NSF cheques.

**Ordering is Easy!**  
**Simply fill out the Order Form and return it with payment,**



**or Order Online! [www.lunchpails.ca](http://www.lunchpails.ca)**