



Choose from three meal types...

Entrée Only, or Complete Meal with Drink and Snack, or Extra Large with Drink and Snack

Snacks & drinks chosen carefully to complement meals.

Mighty Mac (KD)*	Entrée:	\$4.75
B An old time favourite with Lunch Pails' added nutrition!	Complete Meal:	\$6.25
	X-Large Meal:	\$7.25

Morning Glory - Pancakes*	Entrée:	\$4.75
U Light and fluffy, served with a side of syrup	Complete Meal:	\$6.25
	X-Large Meal:	\$7.25

Grilled Cheese*	Entrée:	\$4.75
J Whole wheat toast, cheddar cheese grilled lightly and served with a side of carrot sticks	Complete Meal:	\$6.25
	X-Large Meal:	\$7.25

Spaghetti in Tomato Sauce*	Entrée:	\$4.75
S Lunch Pails' fortified tomato sauce served over spaghetti	Complete Meal:	\$6.25
	X-Large Meal:	\$7.25

Chicken Caesar Salad**	Entrée:	\$5.50
E Crispy iceberg lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with caesar dressing	Complete Meal:	\$7.00
	X-Large Meal:	\$8.00

BBQ Chicken and Rice**	Entrée:	\$5.50
R Roasted chicken thigh in zesty BBQ sauce served over a bed of white rice with a side of steamed corn.	Complete Meal:	\$7.00
	X-Large Meal:	\$8.00

Around the World - Perogies	Entrée:	\$5.50
K Hand rolled with cheddar cheese and potato topped with a dab of butter & served with a side of sour cream	Complete Meal:	\$7.00
	X-Large Meal:	\$8.00

Chicken and Vegetable Soup**	Entrée:	\$5.50
L Hearty chunks of chicken, garden vegetables, and noodles in a savoury chicken broth with crackers on the side	Complete Meal:	\$7.00
	X-Large Meal:	\$8.00

Chicken Tenders**	Entrée:	\$5.50
D White meat only breaded chicken tenders served over a bed of fluffy rice and a side of steamed corn	Complete Meal:	\$7.00
	X-Large Meal:	\$8.00

Meatball Sub**	Entrée:	\$5.50
M Lean seasoned ground beef rolled & layered with mozzarella cheese & our homemade sauce on a fresh bun	Complete Meal:	\$7.00
	X-Large Meal:	\$8.00

Chicken Burger**	Entrée:	\$5.50
H White meat only! Baked and served on a fresh bun with a side of ketchup	Complete Meal:	\$7.00
	X-Large Meal:	\$8.00

All Wrapped Up**	Entrée:	\$5.50
V Juicy white-meat chicken, shredded lettuce & carrots, ranch dressing wrapped up in a multi-grain tortilla	Complete Meal:	\$7.00
	X-Large Meal:	\$8.00

* available in Gluten Free

** available as Gluten Free and/or Halal

**This brochure is for your reference only.
 You do NOT need to send it back to the school. All orders are to be placed ONLINE**

Welcome to Lunch Pails!

We are pleased to be serving your school on Fridays during the 2019/2020 school year.

If you haven't already done so, we encourage you to register an account at www.lunchpails.ca

All users must REGISTER as a parent on the website to participate in the hot lunch program.

Once registered, you may:

- ➔ PLACE ORDERS for hot lunches on Fridays.
- ➔ PAY for online orders using PayPal (major credit cards accepted, including Visa and Mastercard)
- ➔ Change Meal Selections online (changes may be made up to 1 week before the service day)
- ➔ Cancel a Meal if your child is sick or absent.

We offer three meal choices:

Entrée Only (from only \$4.75)

Complete Meal with Drink and Snack (from \$6.25)

Extra Large Entrée with Drink and Snack (from \$7.25)

Snacks & drinks are chosen carefully by Lunch pails to complement entrées.

Register in 3 easy steps:

- 1** Go to www.lunchpails.ca
- 2** Click **ORDER NOW** on the top menu bar
- 3** Click **REGISTER**



Take a break from making lunches on Fridays...

we deliver hot, nutritious lunches directly to your school!

School Closures: In the event of a school closure due to weather conditions

all lunches will be credited and applied to your online account.

Absent on service day: If your child is absent on service day, please log in

to your account to CANCEL A MEAL before 7am on the service day

You may Cancel a Meal in the Parent Account Box when you log into

your account. Credits can be used towards future meal purchases.