



Choose from three meal types...

Entrée Only, or Complete Meal with Drink and Snack, or Extra Large with Drink and Snack

Snacks & drinks chosen carefully to complement meals.

B	Mighty Mac (KD)* An old time favourite with Lunch Pails' added nutrition!	Entrée: \$4.75 Complete Meal: \$6.25 X-Large Meal: \$7.25
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U	Morning Glory - Pancakes* Light and fluffy, served with a side of syrup	Entrée: \$4.75 Complete Meal: \$6.25 X-Large Meal: \$7.25
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J	Grilled Cheese* Whole wheat toast, cheddar cheese grilled lightly and served with a side of carrot sticks	Entrée: \$4.75 Complete Meal: \$6.25 X-Large Meal: \$7.25
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S	Spaghetti in Tomato Sauce* Lunch Pails' fortified tomato sauce served over spaghetti	Entrée: \$4.75 Complete Meal: \$6.25 X-Large Meal: \$7.25
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E	Chicken Caesar Salad** Crispy iceberg lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with caesar dressing	Entrée: \$5.50 Complete Meal: \$7.00 X-Large Meal: \$8.00
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R	BBQ Chicken and Rice** Roasted chicken thigh in zesty BBQ sauce served over a bed of white rice with a side of steamed corn.	Entrée: \$5.50 Complete Meal: \$7.00 X-Large Meal: \$8.00
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K	Around the World - Perogies Hand rolled with cheddar cheese and potato topped with a dab of butter & served with a side of sour cream	Entrée: \$5.50 Complete Meal: \$7.00 X-Large Meal: \$8.00
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L	Chicken and Vegetable Soup** Hearty chunks of chicken, garden vegetables, and noodles in a savoury chicken broth with crackers on the side	Entrée: \$5.50 Complete Meal: \$7.00 X-Large Meal: \$8.00
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D	Chicken Tenders** White meat only breaded chicken tenders served over a bed of fluffy rice and a side of steamed corn	Entrée: \$5.50 Complete Meal: \$7.00 X-Large Meal: \$8.00
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M	Meatball Sub** Lean seasoned ground beef rolled & layered with mozzarella cheese & our homemade sauce on a fresh bun	Entrée: \$5.50 Complete Meal: \$7.00 X-Large Meal: \$8.00
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H	Chicken Burger** White meat only! Baked and served on a fresh bun with a side of ketchup	Entrée: \$5.50 Complete Meal: \$7.00 X-Large Meal: \$8.00
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V	All Wrapped Up** Juicy white-meat chicken, shredded lettuce & carrots, ranch dressing wrapped up in a multi-grain tortilla	Entrée: \$5.50 Complete Meal: \$7.00 X-Large Meal: \$8.00
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* available in Gluten Free

** available as Gluten Free and/or Halal

**This brochure is for your reference only.
 You do NOT need to send it back to the school. All orders are to be placed ONLINE**

Welcome to Lunch Pails!

We are pleased to be serving your school on Fridays during the 2019/2020 school year.

If you haven't already done so, we encourage you to register an account at www.lunchpails.ca

All users must REGISTER as a parent on the website to participate in the hot lunch program.

- **Once registered, you may:**
- PLACE ORDERS for hot lunches on Fridays.
- PAY for online orders using PayPal
- (major credit cards accepted, including Visa and Mastercard)
- Change Meal Selections online (changes may be made up to 1 week before the service day)
- Cancel a Meal if your child is sick or absent.

We offer three meal choices:

Entrée Only (from only \$4.75)

Complete Meal with Drink and Snack (from \$6.25)

Extra Large Entrée with Drink and Snack (from \$7.25)

Snacks & drinks are chosen carefully by Lunch pails to complement entrées.

Register in 3 easy steps:

- 1** Go to www.lunchpails.ca
- 2** Click **ORDER NOW** on the top menu bar
- 3** Click **REGISTER**



Take a break from making lunches on Fridays...

we deliver hot, nutritious lunches directly to your school!

School Closures: In the event of a school closure due to weather conditions all lunches will be credited and applied to your online account.

Absent on service day: If your child is absent on service day, please log in to your account to CANCEL A MEAL before 7am on the service day. You may Cancel a Meal in the Parent Account Box when you log into your account. Credits can be used towards future meal purchases.