



Choose from three meal types...

Entrée Only, or Complete Meal with Drink and Snack, or Extra Large with Drink and Snack

Snacks & drinks chosen carefully to complement meals.

Mighty Mac (KD)*	Entrée: \$4.75
B An old time favourite with Lunch Pails' added nutrition!	Complete Meal: \$6.25
	X-Large Meal: \$7.25

Morning Glory - Pancakes*	Entrée: \$4.75
U Light and fluffy, served with a side of syrup	Complete Meal: \$6.25
	X-Large Meal: \$7.25

Grilled Cheese*	Entrée: \$4.75
J Whole wheat toast, cheddar cheese grilled lightly and served with a side of carrot sticks	Complete Meal: \$6.25
	X-Large Meal: \$7.25

Spaghetti in Tomato Sauce*	Entrée: \$4.75
S Lunch Pails' fortified tomato sauce served over spaghetti	Complete Meal: \$6.25
	X-Large Meal: \$7.25

Chicken Caesar Salad**	Entrée: \$5.50
E Crispy iceberg lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with caesar dressing	Complete Meal: \$7.00
	X-Large Meal: \$8.00

BBQ Chicken and Rice**	Entrée: \$5.50
R Roasted chicken thigh in zesty BBQ sauce served over a bed of white rice with a side of steamed corn.	Complete Meal: \$7.00
	X-Large Meal: \$8.00

Around the World - Perogies	Entrée: \$5.50
K Hand rolled with cheddar cheese and potato topped with a dab of butter & served with a side of sour cream	Complete Meal: \$7.00
	X-Large Meal: \$8.00

Chicken and Vegetable Soup**	Entrée: \$5.50
L Hearty chunks of chicken, garden vegetables, and noodles in a savoury chicken broth with crackers on the side	Complete Meal: \$7.00
	X-Large Meal: \$8.00

Chicken Tenders**	Entrée: \$5.50
D White meat only breaded chicken tenders served over a bed of fluffy rice and a side of steamed corn	Complete Meal: \$7.00
	X-Large Meal: \$8.00

Meatball Sub**	Entrée: \$5.50
M Lean seasoned ground beef rolled & layered with mozzarella cheese & our homemade sauce on a fresh bun	Complete Meal: \$7.00
	X-Large Meal: \$8.00

Chicken Burger**	Entrée: \$5.50
H White meat only! Baked and served on a fresh bun with a side of ketchup	Complete Meal: \$7.00
	X-Large Meal: \$8.00

All Wrapped Up**	Entrée: \$5.50
V Juicy white-meat chicken, shredded lettuce & carrots, ranch dressing wrapped up in a multi-grain tortilla	Complete Meal: \$7.00
	X-Large Meal: \$8.00

* available in Gluten Free

** available as Gluten Free and/or Halal

Late orders:

If you miss the due date, please call the kitchen for assistance 1-844-39LUNCH (58624) or www.lunchpails.ca

Absent on service day:

If your child is absent on service day, please contact Kitchen before 7AM on day of service.

School Closures: In the event of school closure due to weather, lunches will be credited/applied to next Menu

ST. BRIGID CATHOLIC ELEMENTARY SCHOOL

Please complete all sections.

Oct 2019 - NOV 2019

Student Name: _____
Teacher Name: _____
Grade: _____
Parent / Guardian Name: _____
Phone Number: _____
Email Address: _____
Cheque # (if applicable): _____

DATE	MENU ITEM B,J,E,K,D,H U,S,R,L,M,V	Meal Type Entrée, Complete, or X-Large	Price
<i>SAMPLE</i>	<i>B</i>	<i>C</i>	<i>\$6.25 (SAMPLE)</i>
TUE OCT 1			
THU OCT 3			
TUE OCT 8			
THU OCT 10			
TUE OCT 15			
THU OCT 17			
TUE OCT 22			
THU OCT 24			
TUE OCT 29			
THU OCT 31			
TUE NOV 5			
THU NOV 7			
TUE NOV 12			
THU NOV 14			
TUE NOV 19			
THU NOV 21			
TUE NOV 26			
THU NOV 28			
TOTAL Due:			

RETURN COMPLETED FORM BY: SEP 10th

Allergies or Special Info: _____
 (eg. Halal, Gluten Free, etc.)

PAYMENT: Return completed menu & cheque payable to LUNCH PAILS (or EXACT CASH in a sealed envelope).

One cheque per family please. \$20.00 charge for NSF cheques.

Ordering is Easy!

Simply fill out the Order Form and return with payment, or Order Online! www.lunchpails.ca