# SHERWOOD MILLS PUBLIC SCHOOL Dec 2017 - Feb 2018

## **MENU ITEM**

## Mighty Mac (KD)

An old time favourite with Lunch Pails' added nutrition!

#### E **Chicken Caesar Salad**

Crispy romaine lettuce, cubed chicken breast, parmesan cheese, and croutons served with creamy caesar dressing.

### **Festive Meal**

Roasted chicken served with creamy mashed potatoes and a side of sweet corn.

## **Grilled Cheese**

Whole wheat toast, cheddar cheese grilled lightly and served with a side of carrot sticks and ketchup on the side.

### Around the World - Off to Poland

Perogies - Hand rolled with cheddar cheese and potato topped with a dab of butter and a side of sour cream.

# **Chicken and Vegetable Soup**

Hearty chunks of chicken, garden vegetables and tender noodles in a savoury broth, served with crackers.

#### Ν Chicken Parmigiana on a Bun

Lightly breaded white chicken breast dipped in our fortified sauce on a fresh baked bun, topped with cheese.

## **Morning Glory - Pancakes**

Light and fluffy, served with a side of syrup.

Ordering is Easy! Simply fill out the Order Form, and return it with your payment! or Order Online!

www.lunchpails.ca

# We offer three meal choices: Entrée Only \$5.00

Complete Meal with Drink and Snack \$6.50 Extra Large Entrée with Drink and Snack \$7.50

(Mark your selection with an X on the order form, as shown.) Snacks and drinks are chosen carefully by Lunch pails to complement entrées.

## Don't forget to mark the dates on your calendar!

### Late orders:

If you miss the due date, please call the kitchen for assistance at 647-828-6240.

### School Closures:

In the event of a school closure due to weather conditions all lunches will be credited and applied to the next Menu

### Absent on service day:

If your child is absent on service day, please contact the Kitchen before 7AM on the day of service.

Note: There will be a \$20.00 charge for all NSF cheques





# SHERWOOD MILLS PUBLIC SCHOOL

Please complete all sections. Student Name Teacher's Name: Grade: Parent / Guardian Name: **Contact Number: Email Address:** Cheque # (if applicable):

	MENU ITEM	Entrée	Complete	Extra Large	
DATE OF SERVICE	Ordered	\$5	\$6.50	\$7.50	Price
	B,E,G,J,K,L,N,U	CHOOSE ONE (PLACE an "X")			
SAMPLE	E		I X		\$ 6.50 (Sample)
THU DEC 7					
THU DEC 14			l I		
THU DEC 21			Ī		
DEC 25 - JAN 8	NO SERVICE - WINTER BREAK				
THU JAN 11			I		
THU JAN 18					
THU JAN 25					
THU FEB 1			i		
THU FEB 8			Ī		
THU FEB 15					
THU FEB 22					
	-		•	TOTAL Due:	

PLEASE RETURN COMPLETED FORM BY OR BEFO	RE: NOV 15th
Allergies or Special Information:	
(eg. Halal, Gluten Free, etc.)	
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PAYMENT: Return completed menu and cheque payable to LUNCH PAILS

(or EXACT CASH in a sealed envelope).

Note: A \$20.00 fee will be charged for all NSF Cheques

One cheque per family please.

Or... Order Online www.lunchpails.ca

