

**Choose from three meal types...**



Entrée Only, or Complete Meal with Drink and Snack, or Extra Large with Drink and Snack

Snacks & drinks chosen carefully to complement meals.

<b>B</b>	<b>Mighty Mac (KD)*</b> An old time favourite with Lunch Pails' added nutrition!	Entrée: \$4.75
		Complete Meal: \$6.25
		X-Large Meal: \$7.25

<b>U</b>	<b>Morning Glory - Pancakes*</b> Light and fluffy, served with a side of syrup	Entrée: \$4.75
		Complete Meal: \$6.25
		X-Large Meal: \$7.25

<b>J</b>	<b>Grilled Cheese*</b> Whole wheat toast, cheddar cheese grilled lightly and served with a side of carrot sticks	Entrée: \$4.75
		Complete Meal: \$6.25
		X-Large Meal: \$7.25

<b>S</b>	<b>Spaghetti in Tomato Sauce*</b> Lunch Pails' fortified tomato sauce served over spaghetti	Entrée: \$4.75
		Complete Meal: \$6.25
		X-Large Meal: \$7.25

<b>E</b>	<b>Chicken Caesar Salad**</b> Crispy iceberg lettuce, cubed poached chicken breast, parmesan cheese, croutons, served with caesar dressing	Entrée: \$5.50
		Complete Meal: \$7.00
		X-Large Meal: \$8.00

<b>R</b>	<b>BBQ Chicken and Rice**</b> Roasted chicken thigh in zesty BBQ sauce served over a bed of white rice with a side of steamed corn.	Entrée: \$5.50
		Complete Meal: \$7.00
		X-Large Meal: \$8.00

<b>K</b>	<b>Around the World - Perogies</b> Hand rolled with cheddar cheese and potato topped with a dab of butter & served with a side of sour cream	Entrée: \$5.50
		Complete Meal: \$7.00
		X-Large Meal: \$8.00

<b>L</b>	<b>Chicken and Vegetable Soup**</b> Hearty chunks of chicken, garden vegetables, and noodles in a savoury chicken broth with crackers on the side	Entrée: \$5.50
		Complete Meal: \$7.00
		X-Large Meal: \$8.00

<b>D</b>	<b>Chicken Tenders**</b> White meat only breaded chicken tenders served over a bed of fluffy rice and a side of steamed corn	Entrée: \$5.50
		Complete Meal: \$7.00
		X-Large Meal: \$8.00

<b>M</b>	<b>Meatball Sub**</b> Lean seasoned ground beef rolled & layered with mozzarella cheese & our homemade sauce on a fresh bun	Entrée: \$5.50
		Complete Meal: \$7.00
		X-Large Meal: \$8.00

<b>H</b>	<b>Chicken Burger**</b> White meat only! Baked and served on a fresh bun with a side of ketchup	Entrée: \$5.50
		Complete Meal: \$7.00
		X-Large Meal: \$8.00

<b>V</b>	<b>All Wrapped Up**</b> Juicy white-meat chicken, shredded lettuce & carrots, ranch dressing wrapped up in a multi-grain tortilla	Entrée: \$5.50
		Complete Meal: \$7.00
		X-Large Meal: \$8.00

\* available in Gluten Free

\*\* available as Gluten Free and/or Halal

**Late orders:**

If you miss the due date, please call the kitchen for assistance  
1-844-39LUNCH (58624) or www.lunchpails.ca

**Absent on service day:**

If your child is absent on service day, please contact Kitchen before 7AM on day of service.

**School Closures:** In the event of school closure due to weather, lunches will be credited/applied to next Menu



**OUR LADY OF VICTORY CATHOLIC SCHOOL**

Please complete all sections.

SEP 2019 - NOV 2019

**Student Name:** \_\_\_\_\_  
**Teacher Name:** \_\_\_\_\_  
**Grade:** \_\_\_\_\_  
**Parent / Guardian Name:** \_\_\_\_\_  
**Phone Number:** \_\_\_\_\_  
**Email Address:** \_\_\_\_\_  
**Cheque # (if applicable):** \_\_\_\_\_

DATE	MENU ITEM B,J,E,K,D,H U,S,R,L,M,V	Meal Type Entrée, Complete, or X-Large	Price
<b>SAMPLE</b>	<i>B</i>	<i>C</i>	<i>\$6.25 (SAMPLE)</i>
THU SEP 26			
THU OCT 3			
THU OCT 10			
THU OCT 17			
THU OCT 24			
THU OCT 31			
THU NOV 7			
THU NOV 14			
THU NOV 21			
THU NOV 28			
<b>TOTAL Due:</b>			

**RETURN COMPLETED FORM BY:** SEP 10th

**Allergies or Special Info:** \_\_\_\_\_  
(eg. Halal, Gluten Free, etc.)

**PAYMENT:** Return completed menu & cheque payable to LUNCH PAILS (or EXACT CASH in a sealed envelope).

One cheque per family please. \$20.00 charge for NSF cheques.

**Ordering is Easy!**  
Simply fill out the Order Form and return it with payment,



**or Order Online! www.lunchpails.ca**